



Alexis Appelquist, PT, DPT

Education

- Doctor of Physical Therapy: Columbia University
- Bachelor of Science: Biomedical Sciences: Texas A&M University
- Minor in Business Administration: Texas A&M University

Certifications

- Herman & Wallace Pelvic Floor Level 1
- Dry Needling
- Backstage Injury Prevention
- NeuroTour Performing Arts Fellowship
- CPR, AED, First Aid

Specialties

- Dance & Performing Arts Medicine
- Vocal Massage
- Dry Needling
- Manual & Manipulative Therapy
- Orthopedic & Sports Medicine
- Soft Tissue Massage
- Functional Training & Taping
- Musical Theater
- Cupping, IASTM



Show and Dance Experience

- West End: Frozen
- Broadway: Aladdin, Death of a Salesman, The Old Man & The Pool
- TV: The Walking Dead
- Other Experiences: Student Athletic Training and Columbia RunLab

ALEXIS APPELQUIST, PT, DPT

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