

NEUROSPORT

PHYSICAL THERAPY

a NEURO TOUR company



Caitlin Dios, MS, LAT, ATC

Education

- B.S. Kinesiology, Exercise Science: Sacramento State University
- M.S. Athletic Training: Shenandoah University

Certifications

- Emergency Response (American Red Cross)
- Basic Life Support (American Red Cross)
- Myofascial Decompression Technique (Cupping)
- Blood Flow Restriction (Owens Recovery Science)
- Graston Technique
- NEURO TOUR Performing Arts Fellowship
- Level 1 IDN (Structure & Function)
- Active Release Technique (ART)
- Therapeutic Taping Techniques (Kinesiotape)

Specialties

- Dance & Performing Arts Medicine
- Manual & Manipulative Therapy
- Soft Tissue Massage
- Functional Training
- Musical Theater
- Concierge
- Vocal Massage
- Blood Flow Restriction
- Cupping, IASTM
- Orthopedics & Sports Medicine

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Credits and Dance Experience

- Broadway: Sweeney Todd - 2023 Broadway Revival

CAITLIN DIOS, MS, LAT, ATC

A NEURO TOUR elite therapist offering an extensive menu of services, fusing Eastern and Western philosophies, to provide extraordinary care to our extraordinary clients.

Personal. Private. Peripatetic.

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