



### **Charlotte Samaroo**

#### Education

- <u>MSc Sports Therapy</u>: London Metropolitan University
- B.F.A in Dance minor in Kinesiology: George Mason
  University

### Certifications

- NEURO TOUR Performing Arts Fellowship
- Backstage Injury Prevention
- Advanced Dry Needling
- Cupping & IASTM
- 200hr Yoga Alliance Certified
- ACE Level 3 Personal Trainer

#### Specialties

- Dance & Performing Arts Medicine
- Vocal Massage
- Manual & Manipulative Therapy
- Soft Tissue Massage
- Functional Training
- Musical Theater
- Compression Recovery System
- Sports Medicine
- Emergency Response
- Cupping & IASTM
- Dry Needling



#### **Credit and Dance Experience**

- West End: Disney's The Lion King
- UK / Ireland Tour: The Lion King
- Team GB Acro Gymnastics: Richmond Gymnastics association.



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