



Jessica Valeta MS, LAT, ATC

Education

- Master of Science in Athletic Training: North Arizona University
- Bachelor of Arts in Psychology: Lewis & Clark College

Certifications

- Certified Athletic Trainer (ATC)
- BOC Athletic Training
- NEURO TOUR Performing Arts Fellowship
- Backstage Injury Prevention
- American Red Cross CPR/ AED/ First Aid Certified
- Blood Flow Restriction Therapy
- Advanced Dry Needling

Specialties

- Dance & Performing Arts Medicine
- Vocal Massage
- Manual & Manipulative Therapy
- Tumbling
- Soft Tissue Massage
- Functional Training
- Musical Theater
- Compression Recovery System
- Sports Medicine
- Emergency Response
- Cupping, IASTM
- Dry Needling



Credit and Dance Experience

- Theatre: Resident ATC for Disney's Aladdin North American Tour, Empire Strips Back.
- NCAA Division 1: Northern Arizona University- women's swimming & diving, women's soccer, football. University of Denver- women's gymnastics, men's soccer, women's lacrosse
- NCAA Division 2: Colorado Christian University- Women's volleyball and coed cross country
- Shaw Classic Strongman Competition Backstage treatments
- Specialities: former competitive gymnastics and gymnastics coach

JESSICA VALETA, MS, LAT, ATC

A NEURO TOUR elite therapist offering an extensive menu of services, fusing Eastern and Western philosophies, to provide extraordinary care to our extraordinary clients.

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