



## **Ryka Terrell, LMT,**

### **Education**

- Doctorate of Physical Therapy: University of Tennessee, Health Science Center
- Bachelor of Science: Kinesiology: University of Tennessee, Knoxville

### **Certifications**

- NEURO TOUR's Performing Arts Fellowship
- Advanced Dry Needle Certified
- Emergency Response for Athletes (ERA) Certified

### **Specialties**

- Dance & Performing Arts Medicine
- Vocal Massage
- Manual & Manipulative Therapy
- Soft Tissue Massage
- Myofascial Release
- Mobilization Therapy
- Cupping
- Instrument Assisted Soft Tissue Mobilization IASTM
- Spinal Adjustments
- Advance Dry-Needling
- Corrective Exercises: Strength and Conditioning
- Taping



## Show and Dance Experience

- **City Springs Theatre Company** Physical Therapist: The Producers
- **Alliance Theatre:** Fiddler on the Roof
- **National Tour Coverage:** Wicked
- 20+ years of dance in ballet, jazz, hip hop, and more

### **DOCTOR SARAH HARTSELL, PT, DPT, CERT DN**

A NEURO TOUR elite therapist offering an extensive menu of services, fusing Eastern and Western philosophies, to provide extraordinary care to our extraordinary clients.

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Nashville, London UK

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