



Sabina Medoza, MS, LAT, ATC

#### Education

- Master of Athletic Training: University of Utah
- Bachelor of Science: Exercise Science: Brigham Young University

## Certifications

- Certified Athletic Trainer
- Basic Life Support Provider (American Heart Association)
- NEURO TOUR Performing Arts Fellowship

#### Specialties

- Dance & Performing Arts Medicine
- Manual & Manipulative Therapy
- Soft Tissue Massage
- Orthopedics & Sports Medicine
- Cupping, IATMS
- Joint Manipulations
- Taping
- Muscle Energy Techniques
- Musical Theater



### Show Credits and Experience

- Tour: The Garden of Love (Bluecoats Drum and Bugle Corps), Resident ATC
- Off-Broadway: Life and Trust, Resident ATC



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