



**Tiffany Cook, BSc (Hons), MSST, VTCT,
Cert DN.**

Education

- **BSc (Hons) Sports Therapy, University of Central Lancashire**

Certifications

- VTCT Level 4 Certificate in Sports Massage Therapy
- Certified in Kinesiology Taping
- Basic Level Medical Emergency Management in Sport
- Level 2 Group Exercise Instructor
- Certified NEURO TOUR Performing Arts Fellowship Compliance
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Specialties

- Dance & Performing Arts Medicine
- Vocal Massage
- Manual & Manipulative Therapy
- Sports Science Technology
- Functional Training & Taping
- Strength & Conditioning for Injury Prevention
- Kinesiology Taping
- Cupping, IASTM



Credits and Dance Experience

- Resident Sports Therapist: MJ the Musical, West End
- KS Dance Vocational Ballet School
- 25 years of training in ballet, jazz, tap, and commercial dance, with 10 years + working as a professional Dancer
- Performance credits include Costa & MSC Cruises, UK & European theatre production tours, India's Bollywood film, TV & music industry

TIFFANY COOK, BSC (HONS), MSST, VTCT, CERT DN.

A NEURO TOUR elite therapist offering an extensive menu of services, fusing Eastern and Western philosophies, to provide extraordinary care to our extraordinary clients.

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clawson@neurotour.com

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